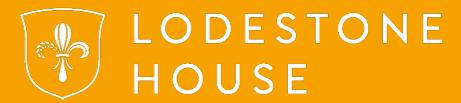




THE GLASGOW ACADEMY

PROUDLY NOURISHED BY



Lunch

Week One August to December

Monday

Beef & Onion Pie
Pork & Leek Sausage
Vegetarian Lancashire Hot Pot

Mains

Carrot, Cabbage & Kale
Mashed Potato
Yorkshire Pudding, Gravy

Sides

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Salad

Sticky Toffee Pudding
Selection of Jelly, Yoghurt & Fruit

Dessert

Tuesday

Dipna's Chicken Biryani
Vietnamese Pork Chop
Dipna's Chana Masala Potato
Curry

Mains

Steamed Rice
Broccoli & Chilli
Cucumber & Onion Raita

Sides

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Dessert

Chocolate Butterscotch Crispy
Pot
Selection of Jelly, Yoghurt & Fruit

Wednesday

Chicken Burger
Thai Roasted Pollock with
Noodles
Aubergine and Tofu with Black
Bean Noodles

Mains

Roasted New Potatoes with
Garlic & Rosemary
Paprika Sweetcorn
Coleslaw

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Dessert

White Chocolate & Raspberry
Blondie
Selection of Jelly, Yoghurt & Fruit

Thursday

Cajun Turkey Taco
MAC SHACK
Sizzling Bean Fajitas

Mains

Bacon Bits, Garlic Mushrooms,
Oregano Roasted Vegetables,
Crispy Onions, Garlic Braed,
Sour Cream

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Dessert

Raspberry & Pear Eton Mess
Selection of Jelly, Yoghurt & Fruit

Friday

Breaded Fish or Fish Fingers
Chicken Methi Curry
Butternut Squash & Puy Lentil
Chilli

Mains

Chips
Peas, Carrots, Baked Beans
Steamed Rice

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Pear & Chocolate Crumble with
Vanilla Cream
Selection of Jelly, Yoghurt & Fruit

Soup of the day

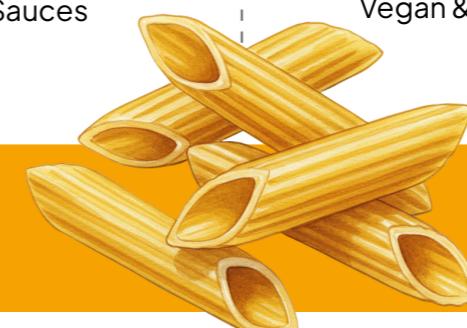
Served with Freshly Baked Breads
& Selection of Toppers.

Jacket Potato Bar

Topped with Baked Beans,
Cheese and Tuna

Pasta Bar

Pasta with Choice of Sauces



Lifestyle

Vegan & Halal Options Available



THE GLASGOW ACADEMY

Lunch

Week Two August to December

PROUDLY NOURISHED BY



LODESTONE
HOUSE



Monday

Malay Spiced Beef Rendang

Teriyaki Chicken Thighs

Vegetable Chimichangas

Mains

Stir Fry Vegetables

Steamed Rice

Salsa, Guacamole, Sour Cream

Salad

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Ice Cream

Selection of Jelly, Yoghurt & Fruit

Dessert

Tuesday

Katsu Chicken

Mediterranean Roasted Pollock

Quorn Katsu

Steamed Rice

Pickled Vegetable's

Herb New Potatoes

Roasted Carrots

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Caramel Brownie

Selection of Jelly, Yoghurt & Fruit

Wednesday

Beef Burger With Selection of
Toppings

Turkey Noodle Stir-Fry

Vegetable Chow Mein

Herbed Diced Potatoes

Coleslaw

Broccoli

Mixed Salad

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Raspberry Lemon Crumble Cake

Selection of Jelly, Yoghurt & Fruit

Thursday

Chicken Skewer with Sweet Chilli
Sauce

Mexican Pork Stew

Caribbean Chickpea, Coconut,
Rice & Peas

Cajun Rice

Roasted Pepper & Courgette

Sweetcorn

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Cornflake Tart

Selection of Jelly, Yoghurt & Fruit

Friday

Breaded Fish or Fish Fingers

Breaded Chicken

Quorn Nuggets

Chips

Peas, baked Beans

Pickled onion, Tartare Sauce

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs choice of Salads

Baked Jam Sponge

Selection of Jelly, Yoghurt & Fruit

Soup of the day

Served with Freshly Baked Breads
& Selection of Toppers.

Jacket Potato Bar

Topped with Baked Beans,
Cheese or Tuna

Pasta Bar

Pasta with Choice of Sauces

Lifestyle

Vegan & Halal Options Available



THE GLASGOW ACADEMY

Lunch

Week Three August to December

PROUDLY NOURISHED BY



LODESTONE
HOUSE

Monday

Chicken Gyros
Madeiran Pork
Vegetable Gyros

Mains

Orange & Cumin Roasted Carrots

Sides

Braised Red Cabbage
Herbed Rice
Tasiki

Salad

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Dessert

Steamed Golden Syrup Sponge
Selection of Jelly, Yoghurt & Fruit

Tuesday

Beef Bolognase
Italian Chicken & Tomato Sauce
Lentil Bolognase

Lemon & Garlic Broccoli

Garlic Bread
Pasta

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Key Lime Pie
Selection of Jelly, Yoghurt & Fruit

Wednesday

Pepperoni Pizza
Margherita Pizza
Bacon Carbonara Pasta

Sweetcorn

Herb Oil Green Beans
Mixed salad

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Rocky Road
Selection of Jelly, Yoghurt & Fruit

Thursday

Beef Stroganoff
Turkey Schnitzel
Vegetable Tagine

Cous Cous
Harissa Roasted Vegetables
Roast Potatoes

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Lemon & Coconut Cake
Selection of Jelly, Yoghurt & Fruit

Friday

Breaded Fish Fillet or Fish Fingers
Sticky Maple Glazed Beef Tacos
Vegetable Pad Thai

Chips
Peas, Carrots
Baked Beans

Mixed Leaves
Tomatoes, Cucumber, Grated
Carrot, Sweetcorn, Olives
Chefs Salad of the Day

Eton Mess
Selection of Jelly, Yoghurt & Fruit

Soup of the day

Served with Freshly Baked Breads
& Selection of Toppers.

Jacket Potato Bar

Topped with Baked Beans,
Cheese or Tuna

Pasta Bar

Pasta with Choice of Sauces

Lifestyle

Vegan & Halal Options Available