

Kitchen Diaries

from Chartwells Independent

News, views, and all about good food from your new caterer.



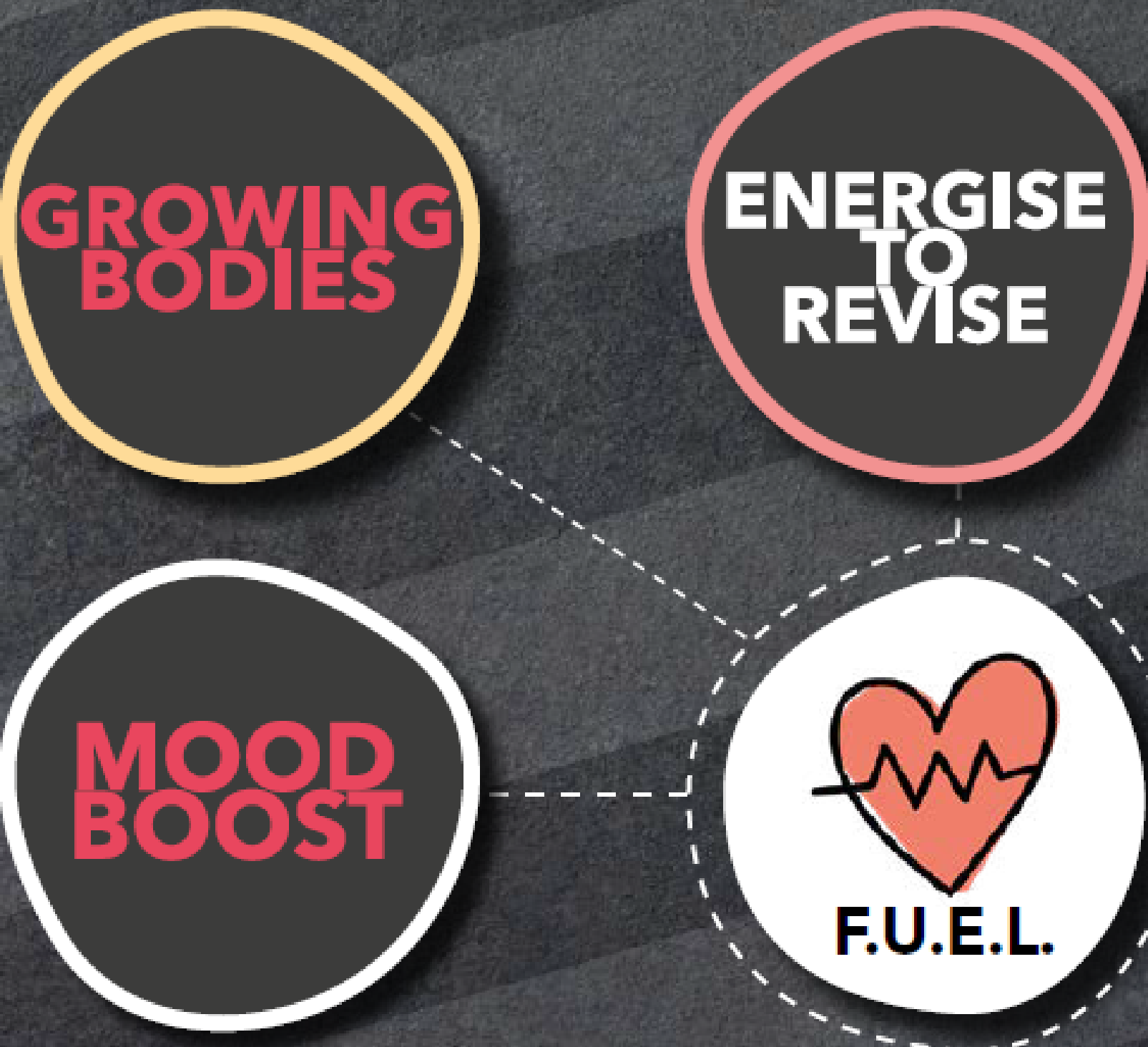
Introducing Chartwells Independent

We are an award-winning caterer with over 50 years' experience working with independent schools and colleges.

As you know, this week sees us taking over the management of the catering facilities at The Glasgow Academy. As one of the country's leading catering providers, our purpose is to create outstanding educational experiences which help sow the seeds for pupils to make age-appropriate choices that are good for them and good for our planet. Every decision is focused on the health of our pupils and planet whilst we instil lifelong wellbeing behaviours. Guaranteeing healthy nutritious food is at the heart of everything we will do for The Glasgow Academy, but we are also passionate about helping young people build a personal toolkit of knowledge, skills and inspiration that carries them into adulthood.

Exciting new menus

Each term the menu will feature seasonal specials and pop-ups reflecting the latest food trends. Our delicious new menus will be created from scratch giving students something to look forward to every day. We will also be regularly asking for their feedback to understand what they'd like to see more of.



One way we achieve this is through **F.U.E.L. – Fuelling Unique Everyday Lives** – when we identify dishes that meet a set of particular nutritional and sustainability criteria designed by our nutrition team.

Each month F.U.E.L. will feature relevant themes such as Energise to Revise and Mood Boost with recipes which are not only delicious but designed to nourish both their minds and bodies.

Beyond the Chartwells Kitchen

Through our award-winning Beyond the Chartwells Kitchen educational programme, we deliver classroom workshops, specifically designed for each age group, covering all areas of food, nutrition, wellbeing, and sustainability. These engaging and valuable learning experiences will inspire and empower pupils to become passionate about their own health and wellbeing in the future.



Sustainability

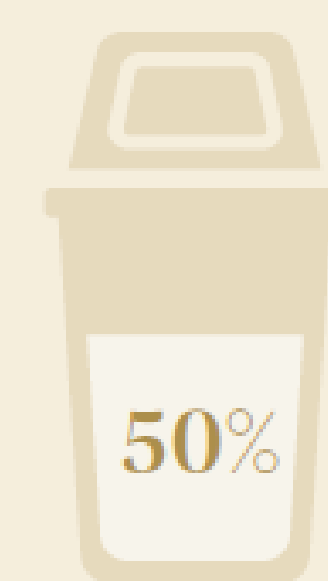
In 2021, Chartwells Independent committed to reach NET ZERO by 2030 so you can be assured that we will be proactively driving the sustainability agenda at The Glasgow Academy, and supporting you to reach any specific sustainability goals you may have.

55%
reduction
in emission by 2025

72%
reduction
in emission by 2030

This is equivalent to taking
~65,000 cars
off the road

Menus to be
25%
plant based



50% 50% Food waste
reduction by 2030

[Read more](#)