

Summer Term

Monday

Lentil soup
(Vg, NGCI)

Mince and tatties

Vegetarian mince and
tatties
(Vg)

Pork sausage with gravy

Mashed potatoes, carrots
and peas

Lemon Drizzle Cake

Jelly

Tuesday

Leek and potato soup
(Vg, NGCI)

Piri Piri chicken burger with
a house slaw

Pork loin steak served with
onion gravy
(NGCI)

Spiced chargrilled Halloumi
burger and house slaw

Baked spiced wedges,
house slaw, sweetcorn and
peppers

Flapjack

Wednesday

Tomato and basil soup
(Vg, NGCI)

Macaroni cheese topped
with shredded BBQ pork

Macaroni cheese topped
with mature Cheddar

Baked fillet of hake with
ginger, soy and green
onions

Garlic bread, roast carrots
and salad

Jam and coconut sponge
with custard

Thursday

Yellow split pea soup
(Vg, NGCI)

Spicy Beef and bean
burrito

Chicken nachos

Vegetable and bean burrito
(Vg)

Roast carrots, chilli corn,
sour cream, salsa and
grated cheese

Apple crumble and custard

Friday

Carrot and coriander soup
(Vg, NGCI)

Battered fish or fish fingers
with a lemon wedge

Chinese chicken curry
served with rice

Chinese vegetable curry
served with rice
(Vg)

Chips, peas, baked beans
and carrots

Rocky road

Available daily: a selection of pasta or noodles (alternate days), salads, fresh fruit and baked potatoes

● NGCI – no
gluten containing
ingredients ● Vg – vegan ●

All meals are freshly made

Summer Term

Monday

Cauliflower soup
(Vg, NGCI)

Spiced Greek pork with flat
bread and tzatziki

Slow cooked beef chilli
nachos with mixed beans
and peppers

Greek roast vegetables
served with hummus, flat
bread and tzatziki (Vg)

Steamed seasonal
vegetables

Pear cobbler with custard

Tuesday

Roast squash and chilli
soup
(Vg, NGCI)

Chicken Katsu curry

Sweet and sour pork

Sweet potato Katsu curry
(Vg)

Steamed rice, pickled
vegetables, sweetcorn and
peppers

Pancakes with a choice of
drizzles

Wednesday

Tomato and basil soup
(Vg, NGCI)

Peruvian chicken thigh
(NGCI)

Beef and vegetable puff pie

Roast vegetable pasta
bake topped with
mozzarella

Roast root vegetables,
garlic and herb bread

Fruit salad

Jelly

Thursday

Vegetable noodle soup
(Vg, NGCI)

Beef burger with a
selection of toppings

Char Siu pork with
steamed coriander rice

BBQ quorn burger

Baked wedges, salad,
sweetcorn and steamed
broccoli

Summer fruit sponge and
cream

Friday

Lentil and carrot soup
(Vg, NGCI)

Battered fish or fish fingers
with a lemon wedge

Thai green chicken curry
served with vegetable rice
(NGCI)

Vegetable curry served
with rice
(Vg)

Chips, peas, baked beans
and carrots

Rocky road

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THE GLASGOW ACADEMY

Summer Term

Monday

Leek and potato soup
(Vg, NGCI)

Grilled pork sausage served
with Yorkshire pudding and
gravy

Vegetarian sausage served with
Yorkshire pudding and gravy

Sweet potato, carrot and
coriander falafel

Mashed potatoes, carrots and
peas

Chocolate sponge with custard

Tuesday

Tomato and basil soup
(Vg, NGCI)

Chicken Shawarma flat
bread

Fish taco with a lime and
chilli dressing

Bean and vegetable taco
(Vg)

Salsa, sour cream,
guacamole and sweetcorn

Ice cream and sauce

Wednesday

Minestrone
(Vg, NGCI)

Beef and tomato lasagne

Vegetable lasagne

Pizza twists

Garlic bread and salad

Chocolate tiramisu

Thursday

Lentil and carrot soup
(Vg, NGCI)

Mandarin BBQ pork

Sticky Chinese chicken

Bao bun with crispy tofu
and pickled radish
(Vg)

Vegetable noodles,
charred broccoli stir-fried
vegetables

Cornflake Tart and Custard

Jelly

Friday

Vegetable broth
(Vg)

Battered fish or fish fingers
with a lemon wedge

Butter chicken curry
served with rice
(NGCI)

Vegetable curry served
with rice
(Vg, NGCI)

Chips, peas, baked beans
and carrots

Rocky road

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WEEK 3

● NGCI – no
gluten containing
ingredients ● Vg – vegan ●

All meals are freshly made