



THE  
GLASGOW ACADEMY

## Anti-Bullying Policy

### What is bullying?

- Bullying is when someone is verbally, physically or indirectly threatening or hurting another person or a group of children over and over again.
- Bullying can be:



physical



cyber



verbal

### Indirect

- **Physical** – hitting, kicking, taking another's belongings
- **Verbal** – name calling, insulting, making offensive remarks
- **Indirect** – excluding by leaving people out of groups or games, gossiping about people, talking about people behind their backs, standing by and watching.
- **Cyber bullying**

### What does the Prep School do to stop bullying?

- We have an anti-bullying ambassador committee
- Teachers have learned about what bullying is and what we should do if it happens.
- Children have learned about Anti-Bullying through house events and assemblies
- We have class rules
- We have a "Safe Space" for children to come and talk to Anti-Bullying ambassadors
- We will tell a teacher or a trusted adult if we are being bullied
- We have playground buddies and a peer support system.
- We have Class Charters and Promoting Positive Behaviour systems.